If you have a Danish CPR number you receive Digital Post from public authorities

**What is Digital Post?**

Digital Post is post from public authorities. It may be pension statements, letters from the hospital about examinations or notification of a place at a daycare facility. In the future an increasing number of these letters will be sent to you digitally instead of by letter post.

**How to read Digital Post**

Log on to **www.borger.dk** or **www.e-Boks.dk** with your NemID to read your Digital Post. If you do not have NemID, you can order it at **www.nemid.nu/dk-en/** or in your citizen service centre (borgerservice).

It is important that you state your mobile number and your email address. This will enable the system to send you a message when there is new post for you. Log on to **www.borger.dk** or **www.e-Boks.dk**.

**Get help here:**

- Your local library
- The citizen service centre (borgerservice)

Read about Digital Post in English

**www.lifeindenmark.borger.dk/digitalpost**
If you cannot read your mail digitally, you need to be exempt from Digital Post

Exemption from Digital Post
If you do not get exempt, you will continue receiving Digital Post from public authorities.

You can be exempt from receiving Digital Post if you:

- have language difficulties
- are registered as having left Denmark permanently
- have a disability that prevents you from receiving post digitally
- do not have access to a computer with sufficient internet connection in your home
- are homeless
- have practical difficulties in procuring NemID.

How do I get exempt?
In order to be exempt from Digital Post from public authorities, you must show up in person at the citizen service centre (borgerservice).