

Complete and send the form via:

Digital post: www.lifeindenmark.dk/contact-family-benefits

Mail: Foedevarecheck@atp.dk (be aware that this is not a secure mail)

Regular post: Udbetaling Danmark, Familieydelse, Kongens Vænge 8,
DK-3400 Hillerød, Denmark

Family benefits

Apply for food check to families with children

Your information

Name	Danish CPR number
Address	Telephone number

The deadline for applying is 30 September 2026

If you wish to apply for the food check, we must receive your application no later than 30 September 2026.

You must meet the following conditions in order to receive a food check for families with children:

- **Child and youth benefit:** You have been paid a child and youth benefit for April 2026 or you are a citizen of an EU/EEA country or Switzerland and have an ongoing application for a child and youth benefit.
- **Income:** You have a documented income for 2025 of less than DKK 475,300.
- **Food check for families with children:** You have not previously been paid a food check for families with children
- **Residency in Denmark:** You are legally a resident of Denmark as of March 25, 2026. This means that you may not have a pending deportation case, be on a tolerated stay or facing a final deportation order.

Documentation

To apply for the food check you must send documentation that your total income for 2025 is less than DKK 475,300. You can, for example, attach:

- Annual tax statement for 2025
- Pay slips from home and abroad for the last quarter of 2025
- Other official documentation of your income

Declaration and signature

In order for us to be able to process your application on the right basis, you must provide us with the information we ask you to supply. Without the necessary information from you, we have to process your application on the basis of the information we have. That could mean you cannot get food check for families with children.	
I declare that the information I have provided is correct.	
Date	Signature

You will hear from us within 8 weeks after we have received your application.

How Udbetaling Danmark processes your personal data

Udbetaling Danmark is the data controller

Udbetaling Danmark is responsible for the processing of the personal data that we have about you.

Here you can read which personal data we process about you, how we process them and what rights you can exercise in connection with our processing.

Why we process your personal data

Udbetaling Danmark processes your personal data for the purpose of determining whether you are eligible to receive the food check (fødevarecheck).

What personal data do we collect about you and from where?

We only collect information about you that we need to process your case.

Udbetaling Danmark collect the following personal data about you:

General personal data:

- We receive civil registration numbers and other basic data from the Danish Civil Registration System
- We receive information about income, etc. from the Danish Tax Agency
- We receive information about account number/Nem-Konto and any registrations/exemptions related to receiving Digital Post from the Danish Agency for Digital Government
- We receive information about any alternative personal identification number, qualifying periods, TIN (tax identification number), etc. from foreign authorities
- We receive information about any irregularities in mail delivery from DAO
- We receive personal identification numbers of individuals who do not have legal residence in Denmark from the Danish Return Agency and the Danish Immigration Service

Criminal convictions

- We receive personal identification numbers of individuals who have been deported following a court ruling from the Director of Public Prosecutions

How do we process your personal data?

We process your personal data when, for example, we make decisions, calculate and pay out the food check or when we carry out other related case processing.

To verify that you are entitled to the food check, we may compare our own information with information that we have collected about you. Our own information about you is the information that you have provided and the information we receive from other benefit areas within Udbetaling Danmark, such as details of any food check payments made.

Who do we disclose your personal data to?

We may disclose information about you to others who are entitled to receive such information, such as other public authorities.

ATP and Udbetaling Danmark exchange personal information about individuals who receive the food check.

We disclose the following information about you:

General personal data:

- We disclose information about the date of payment and civil registration number to the Danish Agency for Labour Market and Recruitment
- We disclose information regarding the date of payment and civil registration number to the Ministry of Employment
- We disclose information about payments and civil registration number to your bank/NemKonto (Danish Agency for Digital Government)
- We disclose information about income, accrual percentages, basis for residence to Statistics Denmark
- In some cases, we have to pass on your case to the Danish National Archives.

How long do we store your personal data?

We will retain your information whilst your case is being processed and will delete it three years after the year in which the case was closed if your claim for payment was rejected, and after five years if you received payment. The data is stored after the case has been closed due to rules in the Danish Limitation Act, the Danish Bookkeeping Act and the Danish Archiving Act.

What are your data protection rights?

Right to object

You can object to Udbetaling Danmark's processing of your personal data.

Right to access

You are entitled to receive a copy of the data we process about you.

Other rights

You can also request:

- to have your personal data rectified or deleted
- to have your personal data transferred to you or to someone else (the right to data portability)
- to have our processing of your personal data restricted

There may be conditions or limitations to the rights mentioned above. It is therefore not guaranteed that, for example, you have the right to have your personal data erased in a specific context – this will depend on the specific circumstances in connection with the data processing.

If you have parental custody or parental responsibility for a child under the age of 18 and information about the child is included in the case, the child also has these rights.



How Udbetaling Danmark processes your personal data

If you have questions

Udbetaling Danmark, Family benefits

If you have any questions relating to the food check or Udbetaling Danmark's processing of your personal data, please contact Udbetaling Danmark, Family benefits. You can do so via www.borger.dk/familieydelser-kontakt or by calling +45 70 12 80 62. If you write regarding processing of personal data, then please write 'Personal data' in the headline.

Data Protection Officer

If you believe that Udbetaling Danmark's response to your request for access is inadequate or that Udbetaling Danmark has failed to comply with your personal data rights, please contact the Data Protection Officer at www.lifeindenmark.dk/udbetalingdanmark-dpo-contact or by calling +45 70 11 12 13.

The Danish Data Protection Agency

If you are dissatisfied with the way Udbetaling Danmark processes your personal data, you can file a complaint with The Danish Data Protection Agency. Read more and find their contact information at www.datatilsynet.dk/english/

Please note that The Danish Data Protection Agency only handles complaints regarding the use of your personal data. The Danish Data Protection Agency does not handle complaints regarding your case on the food check. If you are dissatisfied with the way Udbetaling Danmark processes your case on the food check, please contact Udbetaling Danmark.

Data controller

Udbetaling Danmark
Kongens Vænge 8,
3400 Hillerød
CVR-nr. 33236239

Legal framework

- Sections 4, 5, 6, 7(5), 9(2) and (3), 10 and 14 of the Danish Act on Lump-Sum Payments to Recipients of Social Security Benefits, State Pension, Child and Youth Benefits, Student Grants, etc.
- Section 12 of the Danish Act on Udbetaling Danmark.
- Article 6(1)(e) of the General Data Protection Regulation (general personal data)
- Article 10 of the General Data Protection Regulation (criminal convictions and offences)
- Chapter III of the General Data Protection Regulation (rights of the data subject)
- Section 11(1) of the Danish Data Protection Act (civil registration no.)

The legal framework is available (in Danish) at www.retsinformation.dk and (in all EU languages) at www.eur-lex.eu.